



Tracy Davis, Supervisor (Tracy.Davis@Talgov.com)

Courtney Young, Assistant Supervisor (Courtney.Young@Talgov.com)

Toni McDonald, Assistant Supervisor (Toni.Mcdonald@Talgov.com)

Vernon Tucker, Custodial Worker II

CENTER HOURS

Monday- Friday 9:00am – 9:00pm

Saturdays 1:00pm – 9:00pm

Winter Quarter 2026

Registration Begins December 8th. Most classes begin the week of Jan 5th.

MONDAY				
9:00am – 12:00pm	Pickleball: Court Reservation	1/12	OnGoing	\$17.00 /1.5hr
11:00-11:30	Story Time w/ Coco	1/12	1st Monday of month	Free
6:30pm – 7:30pm	Zumba (Mon & Wed)	1/5	10 weeks	\$28.00

TUESDAY				
9:00am – 12:00pm	“Toddler & Pre-Schooler Time” Open Gym Free Play	1/13	On Going	Free
4:30pm – 6:30pm	Karate: Upkudo	1/13	8 weeks	\$21.00 *Additional info below*
5:30pm – 7:00pm	Yoga w/ Abigail (Tues. Only)	1/6	10 weeks	\$44.00
6:00 pm – 8:45 pm	Open Volleyball	1/6	On Going	Free

WEDNESDAY				
9:00am – 2:00pm	Open Pickleball	1/7	On Going	Free
10:30 – 11:30am	Yoga for Homeschoolers	1/7	9 wks.	\$25.00
6:30pm – 7:30pm	Zumba (Mon & Wed)	1/5	10 wks.	\$28.00

THURSDAY				
9:00am – 3:00pm	Open Basketball	1/8	On Going	Free
10:00 – 11:00 am	Walk & Talk w/ Coco & Toni	1/8	On Going	Free
10:30 -11:00am	Yoga for Preschoolers	1/8	9 wks.	\$12.50
5:30pm – 7:00 pm	Yoga w/Maureen (Thur. Only)	1/8	10 weeks	\$ 44.00
6:00 pm – 8:45 pm	Open Badminton	1/8	On Going	Free
6:30 – 7:30 p.m.	Warrior Tai Chi & Moving Meditation	1/8	10 weeks	\$22.00

FRIDAY				
9:00am – 12:00pm	Pickleball: Court Reservation	1/9	On Going	\$17.00 /1.5hr

SATURDAY				
1:00 – 9:00pm	Open Basketball	1/6	On Going	Free
2:00 – 3:00 pm	Meditation	1/6	On Going	Free

Karate: Upkudo will have additional fees for uniform and testing

For Information about instructors, call 891-3946.